

## **Eldene Pre-School & Toddlers**

## 6.4 Nappy changing policy

## **Policy statement**

No child is excluded from participating in our provision who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

## **Procedures**

- Key persons have a list of personalised changing times for the young children in their care who are in nappies or 'pull-ups'.
- Young children from two years should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Changing areas are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their bag with their nappies or 'pull ups' and changing wipes.
- Gloves are put on before changing starts and the areas are prepared. Changing area should be cleaned after each child. Gloves changed after each child has been changed.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

- They should be encouraged to wash their hands and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand wash liquid or soap should not be used for young children.
- Staff are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Staff do not make inappropriate comments about young children's genitals, nor attempt to pull back a baby boy's foreskin to clean unless there is a genuine need to do so for hygiene purposes when changing their nappies
- Staff never turn their back on a child or leave them unattended on a changing mat.
- Staff record when they changed the baby/child and whether they have passed a stool and if there was anything unusual about it e.g. hard and shiny, soft and runny or an unusual colour, or if it was a wet nappy.
- Sometimes a baby/child may have a sore bottom. This must be noted and discussed with the
  parent. They may need to supply nappy cream. If a medicated nappy cream such as Sudocrem is
  used, this must be recorded as per 6.1 Administering Medicine Policy.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Members of staffs do not wipe older children's bottoms unless there is a need, or unless the child has asked.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups are doubled bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are doubled bagged for the parent to take home.
- If young children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.
- During Coronavirus COVID-19 pandemic a staff member will go with a child who need the toilet
  and wait near the door, to ensure they use the correct toilet for their bubble. The staff member
  will then ensure the child washes and dries their hand thoroughly and the staff member will spray
  and wipe the toilet and sink after use.

This policy was adopted at a meeting of Eldene Pre-School & Toddlers.

Held on:- 8<sup>th</sup> July 2019 Date reviewed: 27<sup>th</sup> September 2023 To be reviewed on:- October 2024 Signed on behalf of Eldene Pre-School & Toddlers.

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